

BUILD SKILL. DEEPEN YOUR PRACTICE.

Advanced CBT Fellowship

Turn CBT knowledge into confident, formulation-driven clinical practice.

12

months of advanced training

150+

hours of clinical supervision

Small cohort

Individualized feedback

01 Learn through clinical practice

Build case formulations and deliver CBT across a broad range of presenting concerns.

03 Connect theory with treatment

Integrate seminars, treatment planning and group therapy experience into your practice.

02 Get specific, actionable feedback

Develop your skills through individual and group supervision and recorded-session review.

04 Prepare for CBT certification

Develop case formulations and session recordings for ACBT and CACBT applications.

WHO SHOULD APPLY

Early-career clinicians with a completed graduate degree in a mental health discipline who are registered, or eligible for registration, with an Ontario regulatory body.

Take the next step in your CBT practice.

Request the handbook for eligibility, tuition and application details.

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